



Table Rock Trail - Walpole, NH (1.1 miles)

-  Parking Area
-  Scenic View
-  Table Rock Trail
-  Roads

Map created by Rick Brackett 2/14/2022
With data from GRANIT and SnowHawk LLC



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1:5,000

0.25 Miles

Table Rock Trail

1.1 miles one way (Easy to moderate)

Starting point 43.14191, - 72.43935 Elevation 520'

Top at the view 43.13389, - 72.43497 Elevation 970'

The trail begins at the end of Mountain View Road in a residential area of North Walpole, and rises to a lookout from where you will see panoramic views of Bellows Falls, the Connecticut River, and hills beyond.

It goes along an old road for most of the way, gradually narrowing into a trail. The footing is fairly easy, but the climb is substantial. At about .25 of a mile from the start, you will pass under power lines and enter the forest. Within a few minutes of passing under the lines, you will come to a fork in the trail. There is a small pond at that juncture. Take the right fork, and be mindful of runoff from the pond - especially in winter, as the trail can be icy - particularly in spots where rivulets come from the uphill side of the trail. We suggest wearing spikes during the winter. Snowshoes may not be necessary, as the trail is usually packed down, but they are something to keep in mind. The lookout is about .75 of a mile from this point.

After the pond, as the trail winds uphill to your right, you will see a line of large concrete blocks along the downhill side. If you hike this trail in winter, you will be able to see hill silhouettes through the trees, with periodic shafts of sunlight unavailable to you when the trees are in full leaf. The forest is a mix of deciduous and conifer trees, filled with birdsong.

When you are almost at the top of the hill, you will again see a fork in the trail. The left goes to a tower installation, the trail straight ahead continues through the forest. The turnoff to the lookout is about .34 of a mile from this fork. When you reach that point on the trail, take a 90 degree right turn through the trees. The lookout is about .03 of a mile from this turnoff. There are rock ledges to sit upon and enjoy the view. Its scope will be a complete surprise after coming through the forest. You will see the hills of Vermont, Stratton Mountain on the horizon, the Connecticut River backed up behind the dam, and the town of Bellows Falls - including the river falls, themselves.

Parking

Going northbound on Route 12, turn right onto North Walpole's Main Street. Mountain View Road is the first road on your right, after the turn. Note the town playground on the left side of Main Street as you turn onto Mountain View Road. Park at the end of the paved section, not beyond the gate, and not blocking the trail. It needs to be open for emergency vehicles, as well as provide access to the communications tower at the summit. Because the parking is in a residential area - starting directly across from a house - please be respectful of private, driveway access. Overflow parking is available at the North Walpole School, back down Mountain View Road - but only outside school hours.

Risk

All trails come with inherent risks. Please take precautionary measures to protect yourself from ticks, poison ivy, and other potential hazards.

For emergencies call 911

Please remember to practice "Leave No Trace"

(Int.org/why/7-principles/)

Plan ahead and prepare
Travel and camp on durable surfaces
Dispose of waste properly
Leave what you find; take what you bring
Minimize fire impact
Respect wildlife
Be considerate of others